

# Bob Cancalosi Leadership Consulting

Helping leaders achieve higher impact outcomes

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## LEADERSHIP BOB & THE SALTY DOG SERIES

# **Leadership Bob on Resiliency**

I've been asked what my definition of resiliency is as I've just completed my 8th surgery in the past 21 months and here it is:

"Resiliency is a leadership mindset. It's an inner strength that allows you to learn from adversity, get back up after you have fallen, and deeply grow in confidence and character. Resilient leaders endure; they overcome today's challenges knowing there will always be better days ahead."





### **Salty Dog**

Simply stated...
When adversity enters your
life it's better for you to define IT
versus letting IT define you!
Also Adversity does not build you, it
reveals you@

#### **Salty Dog Pack**

If you are interested in receiving the Salty Dog Leadership Series on a recurring basis, please go into my website at <a href="www.FourLoopLearning.com">www.FourLoopLearning.com</a> and fill in the Get In Touch button on my Home page